

No.	Name of Organisation
1	Mind in Harrow
2	Roxeth Youth Zone (RYZ)
3	ADHD & Autism Support Harrow
4	EACH Counselling and Support (formerly Ethnic Alcohol Counselling in
5	Harrow Citizens Advice Bureau
6	Harrow Association of Disabled people
7	Home-Start Harrow
8	Ignite Trust
9	The WISH Centre
10	Relate London North West
11	Harrow Churches Housing Association (HCHA)
12	Harrow Law Centre
13	HARROW SHOPMOBILITY
14	South Harrow Christian Fellowship
15	Age UK Harrow (Registered as Age Concern Harrow)
16	Harrow Mencap
17	The Harrow Women's Centre (HWC)
18	Willow Tree Centre, Girlguiding Middlesex North West
19	Harrow Association Of Somali Voluntary Organisations (HASVO)
20	Harrow Citizens Advice Bureau
21	London Tigers
22	Voluntary Action Harrow Limited

No.	Name of Organisation
23	Harrow Cricket Club
24	Harrow Equalities Centre
25	Harrow Family Learning Network t/a HOPE (Harrow)
26	Alzheimer's Society Harrow and Hillingdon
27	Asperger's Syndrome Access to Provision (A.S.A.P.)
28	Afghan Association Paiwand
29	Carramea
30	Srishti Skills
31	Hillingdon Association of Voluntary Services (Hillingdon CVS)
32	Huntington's Disease Association
33	Kids Can Achieve
34	St Luke's Hospice (Harrow and Brent)
35	Voluntary Action Harrow Limited
36	Harrow Community Transport
37	Harrow St. Mary's Cricket Club
38	Kids Can Achieve
39	Victim Support
40	Watford FC Community Sports and Education Trust
41	HARROW BOROUGH FOOTBALL CLUB LIMITED
42	Friends for Friends
43	Srishti Yuva Culture
44	The Harrow Refugee Forum (HaRF)

No.	Name of Organisation
45	Harrow Crossroads (Crossroads Care)
46	Harrow Churches Housing Association

1**Mind in Harrow****Harrow Mental Health Information Service**Amount Requested 2013/16: **£169,997.20**Assessment Score as: **96 %**Number of Beneficiaries: **6,670**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£58,310.40**Amount Requested 2013/14 **£58,310.40**Balance for 2013/14 **£0.00**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.****Brief description of the project or activity: (Extract from Application Form)**

The Mental Health Information Service (1.2 WTE staffing) will help 6,670 people over 3 years, who are vulnerable and disabled by mental health problems or those caring for them, to enable them to access support services that reduce isolation and improve health and well-being and to increase self-management so that they can live an independent and fulfilling life. Offering best value for money, this Service will provide a universal & preventative support and will offer a choice of access points:

- 1) Mental Health Information Helpline delivered by a team of trained volunteers: open Tues-Thurs 9.30am-5pm to provide timely, brief interventions for 300 callers with complex needs to help prevent loss of capacity to cope. A Worker will recruit, train & supervise to maintain a team of 6 helpline volunteers.
- 2) Face-to-face Outreach and Signposting: a Worker will provide 3-12 week specialist mental health interventions with 30 clients, prioritising BME/new arrival communities who are experiencing mental health needs and face barriers to access social care services. They will collaborate with 5 BME and faith community organisations as often the first point of contact for BME/new arrival communities when in crisis & distress.
- 3) Harrow Mental Health Directory Resource: a Worker will manage a specialist, universal and upto-date information resource available 24/7 of 100 Harrow health & well-being services, 100 national organisations and 24 Harrow factsheets, such as crisis support and housing/homelessness, and the unique 'People Like Us' directory of local services offered in 7 mother tongue languages. Factsheets will be uploaded to Shop4Support info hub.
- 4) A new quarterly welfare changes bulletin: circulated to 1,500 mental health service users mostly likely to be at risk from the impact of cuts to welfare benefits/services.

Delivered through a strategic approach with other local info providers to ensure improved coordination, avoid duplication through new IAG protocols.

2**Roxeth Youth Zone (RYZ)****The SPACE Project**Amount Requested 2013/16: **£112,982.29**Assessment Score as: **96 %**Number of Beneficiaries: **10937**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£56,338.29**Amount Requested 2013/14 **£43,376.29**Balance for 2013/14 **£12,962.00**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.****Brief description of the project or activity: (Extract from Application Form)**

SPACE aims to raise self-esteem & develop emotional wellbeing as a protective factor in vulnerable young women through 3 core activities. We aim for girls to live happier, healthier and more fulfilled lives. Services are available to young women aged 11-24 who live or school in Harrow.

AIM 1 – weekly 1:2:1 mentoring sessions are delivered by trained mentors from the local community at St.Peter's Medical Center, (where SPACE is based), in schools or the community. Depending on the needs & age of clients, mentoring or listening models are used to raise self esteem and develop emotional wellbeing. Clients receive an average of 10 sessions. Where further or different support is needed, SPACE's signposting service increases access to other services through supported referrals.

AIM 2 – The Coordinator, with support from the Director of Mind & Soul, a mental health charity, has written the True2U Self Esteem course, designed for small groups of vulnerable girls aged 14-19. It raises self-esteem and confidence through increased understanding of the relationship between thoughts, feelings and choices. It gives tools to manage negative thoughts & creates safe & positive peer environments. The course is delivered as 3 versions: a 10 week course at SPACE; a 3-session workshop at The Helix Pupil Referral Unit (PRU) and a 4 week early intervention (EI) version in schools with girls at risk of exclusion. Helix and EI versions will be piloted in spring/summer 2013. The full version was piloted twice in 2012.

AIM 3 - Outreach in schools through lessons & assemblies on self-esteem, confidence & stress enables promotion of and access to 1:2:1 & True2U services and acts as a voice for healthy self-esteem in schools.

In 2011/12 we worked with 1827 young people (including schools). Funding from the OBG would fund the Coordinator's salary, securing the project for a further 3 yrs, enabling increased volunteer base, expanding services & reaching a potential 10,973 young people.

3

ADHD & Autism Support Harrow

The Transitions Project

Amount Requested 2013/16: **£57,400.20**

Assessment Score as: **92 %**

Number of Beneficiaries: **350**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£36,880.00**

Amount Requested 2013/14 **£19,624.00**

Balance for 2013/14 **£17,256.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

The transition project aims to work with young people age 11-25 years to provide them with person-centred support and guidance through key transition periods such as moving to high school, college applications and into the workplace, the ultimate aim being that they are enabled to live as independently as possible.

Referrals can be made by individuals or statutory bodies, following which the youth transition worker does an assessment of needs and liaises with volunteers and outside agencies to establish a support system. She also works with the young person to help them understand their condition, provides them with tools to manage in the community and is involved in facilitating our teen support courses such as WhyTry? and CALMS training.

The project involves working with the family in its entirety, providing a more holistic support system by offering ADHD and ASD specialist parenting training courses to run alongside the adolescent courses, meaning caregivers can understand and support their child through difficult periods.

The project has had an extremely high level of demand in terms of both numbers and the depth of support needed. We are therefore looking to secure further funding to provide an additional 10 hours support per week for the project. This would enable us to offer life skills groups complimenting the existing transition service, such as cooking, gardening, CV and interview workshops, as well as helping facilitation of the parent support element of the service, providing extra help for the youth transition worker and co-ordinating project volunteers.

We would like to rent additional office space in our current building that would be specifically for our youth and adult services. The increase in volunteers supporting the transitions project has meant that our current communal working space has become overcrowded and noisy. A separate office would allow for a more confidential and structured working environment.

4 EACH Counselling and Support (formerly Ethnic Alcohol**Trauma, Violence and Abuse Counselling and Support for Somali, Tamil and South Asian communities**Amount Requested 2013/16: **£219,422.00**Assessment Score as: **92 %**Number of Beneficiaries: **813**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£82,108.40**Amount Requested 2013/14 **£75,000.00**Balance for 2013/14 **£7,108.40**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.****Brief description of the project or activity: (Extract from Application Form)**

The project's overall aim is to empower and support vulnerable members of the Tamil, Somali communities and South Asian communities in Harrow to recover from trauma, violence and abuse, thus enabling them to improve their lives and well-being in terms of life choices, emotional health and personal safety. It will utilise funding to:

- a) Provide culturally appropriate individual counselling by employing 3 part-time counsellors (with one also having project co-ordination responsibilities) with relevant skills and languages, involving assessments and a care-planned approach to help vulnerable people achieve their goals, develop resilience and be able to live independently
- b) Deliver a programme of Psycho-educational and well-being workshops and sessions within the communities, including gender-specific sessions, to support participants to develop better coping mechanisms to life events and their circumstances and to be able to make informed choices. The programme will include sessions on stress management, confidence-building and life skills
- c) Undertake an outreach programme within the communities to provide information, such as through community events, information stalls and raise awareness of the issues around trauma, violence and abuse, thus reducing barriers to access the project and appropriate services
- d) Recruitment, training and support of peer volunteers drawn from the Tamil, Somali and South Asian communities, including ex-project users to develop confidence, sustain independence and develop employability skills by achieving a recognised national qualification and through take up of volunteering opportunities both within the project and externally
- e) Information and presentations to professionals and community groups to raise their awareness of the issues and develop more appropriate responses, so that they feel more confident to respond to and support vulnerable members of these communities

5

Harrow Citizens Advice Bureau

AdviceLine for Harrow

Amount Requested 2013/16: **£219,422.00**

Assessment Score as: **92 %**

Number of Beneficiaries: **4,400**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£116,768.00**

Amount Requested 2013/14 **£75,000.00**

Balance for 2013/14 **£41,768.00**

Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Brief description of the project or activity: (Extract from Application Form)

Advice in Harrow has traditionally been provided by face to face drop in services. Over the last eighteen months however, we have considerably enhanced our telephone advice services in preparation for a channel shift to a telephone only triage and advice service. This is a more cost effective method of delivering advice to large numbers of people.

Telephone advice confers a number of advantages over face to face -

- 1) it is possible to give advice to larger numbers of people for the same price
- 2) it reduces frustrating queuing/waiting times
- 3) It is more convenient for clients who cannot or do not wish to travel into central Harrow
- 4) it can be given in complete anonymity.

The overall purpose of this project will be to provide advice by telephone with the aim, where possible, of empowering clients to resolve their own problems through the provision of accurate information about individual rights. If the client has an emergency situation or cannot resolve their own problems due to language or literacy issues for example, there will be a limited number of appointments available to give practical and emergency assistance and casework.

If we are successful in our funding application, we would use the funding to pay the salary of the service supervisor and volunteer costs and an appropriate portion of the telephone, postage, stationery, rent and management costs.

6**Harrow Association of Disabled people****Overcoming barriers of poverty and exclusion**Amount Requested 2013/16: **£122,004.00**Assessment Score as: **90 %**Number of Beneficiaries: **570**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£46,230.00**Amount Requested 2013/14 **£41,600.00**Balance for 2013/14 **£4,630.00**Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.****Brief description of the project or activity: (Extract from Application Form)**

The overall aim of this project is to empower disabled people to take clear steps to overcome barriers they face to economic survival, inclusion and equality in mainstream life, by achieving goals such as maintaining their own economic survival, attaining appropriate funding through the benefits system to meet their disability needs, or move towards employment. The funding will be used to help over 500 people improve their economic circumstances, many of whom would otherwise be living in real poverty, or be socially isolated, without the support we give them.

We will provide staff and train volunteers to:

*Advise people of their benefit entitlements, taking into account the way all their different personal circumstances interact with the many different parts of the system (eg. age, disability needs, family composition, immigration status etc)

*Help people who cannot do part, or any of the application process, by themselves, because of their disability needs, apply for and attain necessary welfare benefits - eg. if someone's learning disability needs mean they do not understand the claim form, or their physical disability means they cannot physically write, or perhaps their mental health needs mean they cannot respond to the questions. Most disabled people need help because they don't understand what they need to prioritise when they describe their disability needs.

*Support disabled people to challenge decisions where they have been refused benefits to which they are entitled, through the appeals and tribunals process.

*Enable people who wish to find work to learn job application skills, do work experience or voluntary or paid work, find appropriate training, and learn to meet their own disability needs in a workplace

*Provide a positive role model of disabled people working, leading an organisation, and striving for equality and inclusion for others, which will be supportive to those seeking work.

7

Home-Start Harrow

Volunteer Recruitment, Training and Induction Programme

Amount Requested 2013/16: **£30,281.91**

Assessment Score as: **90 %**

Number of Beneficiaries: **100/ year**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£10,353.41**

Amount Requested 2013/14 **£10,353.41**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

We aim to support 45 to 50 volunteers.

Recruitment

The training course will be advertised in the local press, on-line (do-it.org.uk) and in public venues such as supermarkets, libraries etc. Prospective volunteers will contact the office for further details and an information pack. On receipt of their application the manager will visit each prospective volunteer. She will explain in more detail the roles and responsibilities of a volunteer, and the support offered by the staff.

Training

The course takes place one day a week for 7 weeks. It follows an outline from Home Start UK and is led by the scheme's coordinators. Some input is from our local partners from health care and social services; topics include: safeguarding and protecting children, domestic violence, values and attitudes in a diverse society, needs of parents and their children, listening, confidentiality, special needs, postnatal depression and other ongoing conditions. During the course, the candidates are assessed for their suitability and the type of families they might be matched with. After the course each trainee has an individual feedback session with a coordinator. Two to four additional training sessions are held each year for all volunteers to keep them up to date.

Induction and Monitoring

Each volunteer is matched to a family, taking into account background, personality, skill and experience and the issues confronting the family. The volunteer is introduced to the family by a coordinator who will then meet with them regularly in the first 6 months to discuss on-going issues, with a view to sourcing information and strategies. Volunteers report to her their activities with the family every month.

8

Ignite Trust

Expression Youth Community

Amount Requested 2013/16: **£122,699.38**

Assessment Score as: **90 %**

Number of Beneficiaries: **3150**

Partnership/consortia application? **No**

Corporate Priority **United and involved communities: a Council that listens and leads**

Total Project Cost 2013/14 **£86,213.60**

Amount Requested 2013/14 **£65,163.67**

Balance for 2013/14 **£21,049.93**

Core Outcome: **United and involved communities: a Council that listens and leads**

Brief description of the project or activity: (Extract from Application Form)

Expression aims to create a socially cohesive community where young people (yp) share mutual respect and understanding; anti-social behaviour (ASB) and fear of crime is reduced; yp participate in the wider community; communities are bridged and diverse groups feel they belong.

Expression combines 5 elements

1. Youth Community Groups bring yp across Harrow into a diverse community where positive values are instilled and friendships built. Activities include sport, games, eating meals together, group debates and talks from members of the community. We provide 1:1 support during sessions to encourage yp to re-engage with education, training or employment.
2. Detached and outreach youth work in areas with high levels of ASB. Engaging hard-to-reach yp in their own environment builds respect and enables access to our services. Detached youth workers engage with residents and business owners to hear their struggles with yp, develop and implement strategic plans to improve the area and represent yp on local forums.
3. Targeted social activities for yp during school holidays to engage a diverse group in positive activities and provide personal development opportunities.
4. Through community-focused mentoring we will
 - Provide 1:1 support for yp to source opportunities to volunteer or engage with community events (e.g. reading to children at the library)
 - provide peer mentoring through our peer leadership programme
 - train and support volunteers from the local community to mentor yp
 - provide small group mentoring opportunities for yp

9 The WISH Centre
ISVA -Sexual Violence Prevention, Advocacy and Support ServiceAmount Requested 2013/16: **£144,051.00**Assessment Score as: **90 %**Number of Beneficiaries: **6000**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£57,827.00**Amount Requested 2013/14 **£51,026.00**Balance for 2013/14 **£6,801.00**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

Provision of an Independent Sexual Violence Advocate (ISVA) with specialist prevention work, counselling and support for girls and women ages 12 upwards and boys who have experienced sexual violence. Outreach service in schools and agencies managing disclosures of sexual violence and access for young people to relevant services and advocacy within and outside the criminal justice system. Provision of specialist counselling support for victims of rape, sexual gang violence, sexual exploitation and other violence to keep them safe. Drop in's; targeted workshops in schools; awareness raising; specialist group work.

Working in partnership with Harrow Police, Children's Services, schools and the Harrow Domestic and Sexual Violence partnership in response to local need for the service identified by these agencies.

The ISVA will support victims to decide if they wish to report to the police and to provide information about the legal process and their rights. If a young person chooses to report the incident of sexual violence to the police the ISVA supports the young person in all stages of the legal process. For example, if the case goes to court, the ISVA can be present with the victim when they give evidence. The ISVA also works with victims who do not wish to report but who need help identifying what support they need. As such they will have the opportunity to talk about the situation in a safe space with someone who will not judge them. The ISVA will listen to the victim, conduct a needs assessment and assist them to gain support from other agencies where necessary for example housing, health, specialist counselling.

The ISVA is a qualified accredited counsellor and is therefore able to provide one to one counselling for those young people who feel they need support to explore their traumatic experiences. The ISVA also offers a dedicated mobile and text support service should victims need to contact the ISVA for out of hours support or in times of crisis.

10 Relate London North West
Emotional Support for Individuals and Families towards a Fulfilling Life

Amount Requested 2013/16: **£65,833.00**

Assessment Score as: **88 %**

Number of Beneficiaries: **2,700**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£96,479.00**

Amount Requested 2013/14 **£26,095.00**

Balance for 2013/14 **£70,384.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

Relate London North West will offer impartial, non-judgmental relationship counselling to individuals, couples (heterosexual, same sex or transgender) and families of any make-up such as single parent, blended, adoptive, extended or nuclear.

We recognise that the UK has numerous family compositions and that within these are very many people who are distressed and isolated for a variety of reasons

The intervention begins with an initial consultation of one hour with a relationship counsellor. This will be offered within 2 weeks of initial contact and enables the person to begin to identify core issues and to plan the way forward. This might be one of our ongoing counselling services or sign posting to another organisation. Depending on the core issues that arise at the initial consultation, they may then be offered one of the following:

Face to face couple or individual counselling. These sessions will usually take place weekly for one hour for an average of 8 sessions

Family counselling which brings different members of the family together. These sessions will 1 hour and take place weekly, fortnightly or even monthly according to need. They may involve different family members at different times.

Young people & children counselling in which counsellors identify and unlock the trauma and offer play therapy and psychological interventions to help the young person or child to identify what is hurting them. These sessions will be 1 hour and take place weekly, fortnightly or monthly according to need.

The interventions aim to address problems in relationships, improve communication and conflict resolution skills and deepen commitment to the family. From this base, individuals are freed up to take a place in the wider society.

11 Harrow Churches Housing Association (HCHA)
Reducing worklessness and homelessness amongst Young People(the under 25's) in Harrow
Corporate Priority **Supporting and protecting people who are most in need**
Total Project Cost 2013/14 **£74,980.00**
Amount Requested 2013/14 **£74,980.00**
Balance for 2013/14 **£0.00**
Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Amount Requested 2013/16: **£217,098.00**

Assessment Score as: **84 %**

Number of Beneficiaries: **170**

Partnership/consortia application? **No**

Brief description of the project or activity: (Extract from Application Form)

170 young people aged 18-25 who are homeless in Harrow including 54 young men and women who were homeless and now live in HCHA accommodation and others who are not resident with us will have one -o-one personalised training and guidance in: Job-specific skills; Developing aspiration and motivation; Job-search skills; Stability of life-style; Basic skills; Social skills for work; Dealing with challenges

This will equip them to be able to access employment and further education or vocational work, and thereby move on to a more secure financial future that includes progression from HCHA housing into their own affordable accommodation.

In addition to the 54 young people in HCHA accommodation who move on every two years, the project will also be made available to at least 20 other young people each year in the borough who may be self referred, or from other referral pathways including those from the Probation unit, EACH, the homelessness drop-in centre in Sheepcote Road.

The funding will be used to pay for a skilled and fully trained coordinator who will be assigned to the Young People and work with each individual to identify their particular needs and target correct training sessions, workshops and personal development, this may include interview skills, dressing correctly, presentation and speaking, working on developing a cv and seeking out relevant work experience to make themselves marketable in the workplace. This training will be delivered by specialists to the target group and to HCHA staff so that in-house knowledge and specialisation increase and can be used beyond Year 3 to enable HCHA to deliver the project ourselves and become a centre of excellence in training young people and extend this service to other referring agencies. By charging other agencies in Year 4, combined with seeking out other sources of funding we believe that the project will become sustainable.

12 Harrow Law Centre
Harrow Law Centre

Amount Requested 2013/16: **£140,550.00**

Assessment Score as: **84 %**

Number of Beneficiaries: **3000**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£46,850.00**

Amount Requested 2013/14 **£46,850.00**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Brief description of the project or activity: (Extract from Application Form)

We will:

- a) provide free legal advice to disadvantaged people in Harrow who are at risk of homelessness, poverty and debt;
- b) provide second tier legal advice to local voluntary organizations and agencies to enable them to better support their vulnerable clients;
- c) undertake public legal education to better inform local people of legal rights and responsibilities
- d) undertake social policy work at a local, national and European level collecting data of our client's experience to improve services for our clients and other local people;
- e) undertake test case litigation work where appropriate to improve the legal position for our clients and other local people.

The funding will be used to employ a full time solicitor and for related office costs over a three year period.

13 HARROW SHOPMOBILITY**A scheme for the continued Integration and Independence of Disabled People**Amount Requested 2013/16: **£80,732.00**Assessment Score as: **84 %**Number of Beneficiaries: **3500 +**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£59,997.00**Amount Requested 2013/14 **£27,607.00**Balance for 2013/14 **£32,390.00**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.****Brief description of the project or activity: (Extract from Application Form)**

There will be three key areas of activity, continuing the service, raising awareness and partnering to facilitate transport to increase activities that Disabled Users can engage in eg outings to museums, seaside and marketing the organisation to increase sustainability.

This project is to continue Harrow Shopmobility's (hereafter referred to as H.S.) service of loaning wheelchairs, scooters and other mobility aids free of charge on a daily basis and wheelchairs at a nominal amount for those requiring long-term use of our wheelchairs resulting in disabled people living, working in Harrow having access to all Harrow services. This would enable Users to lead independent lives.

Funding will be applied to cover the cost of continuing to run the service, covering costs of the Administrator and additional staffing, insurance, equipment repair and maintenance for high safety standards, subscriptions and Affiliation costs, and recruitment and remuneration for volunteers, stationery and marketing costs.

Training costs for annual refresher courses in First Aid for Staff, Trustees and Volunteers, CRB checks for Volunteers, Meal allowances for Volunteers when accompanying Users on outings, basic accounting courses and further computer training costs are sought. These costs will also apply with new Volunteers unless sponsored by the business partners.

The third thrust of the programme is to promote awareness of H.S. by improving signs of the organisation in and outside St. George's Centre and by publishing a biennial newsletter for distribution to other Disability groups to increase their and their members' awareness of Harrow Shopmobility's service, by presentation to the business community, Armed Services Disabled, different ethnic groups, and by printing leaflets and brochures.

Finally, the project will seek to secure its future through promoting sustainability by tapping into the resources of the business and corporate sector, both financial and workforce.

14 **South Harrow Christian Fellowship**
Supporting the Elderly

Amount Requested 2013/16: **£39,007.21**

Assessment Score as: **84 %**

Number of Beneficiaries: **33**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£13,839.88**

Amount Requested 2013/14 **£13,335.36**

Balance for 2013/14 **£504.52**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

We require funding for staff costs of 2 committed workers to work with the elderly.

The project will include working with one of the most vulnerable groups in society - the elderly living alone at home. We hope to have social interaction group every week to enable them to come together in a relaxed and friendly social setting to form friendships and social bonds with like minded individuals.

We hope to use this opportunity to introduce weekly themes to get them involved in a hobby (one that they are familiar with or a totally new one) such as knitting, crocheting, card making, fitness, reading and writing poetry/stories etc. We will decide on the hobbies depending on the group and their interests. This will not only give them something to look forward to but also something to occupy their time during the week at home.

We also hope to have a lunch club (where hot meals will be served) once a month to encourage new users to try our service as well as to give something for the regulars to look forward to.

We also hope to aid those who are more infirm and live alone and to befriend the lonely & the isolated with weekly visits to sit in and have a chat. We hope to offer practical assistance in terms of assisted shopping, form filling, making telephone calls, writing letters, posting etc.

15 Age UK Harrow (Registered as Age Concern Harrow)

Sustainable Services Project

Amount Requested 2013/16: **£81,770.00**

Assessment Score as: **80 %**

Number of Beneficiaries: **5,000**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£33,630.00**

Amount Requested 2013/14 **£33,630.00**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

The aim of this project will be to provide a range of Health, Social and educational activities for older residents in need in order to improve their quality of life by giving them the opportunity to mix in new social circles, have a choice of venues and try a diverse range of activities.

The project will consist of several components:

- Basic English language/writing/reading skills for older clients who do not have English as their first language and who have been reliant on their partners to speak for them.
- Partnership with Wealdstone Methodist Church to provide a lunch club/games session on a weekly basis to increase the numbers attending their existing club by promoting it to our members and making the sessions longer, to include board games and indoor bowling.
- Activity sessions at sheltered housing provision in South Harrow bringing together several communities, and also at a centre in North Harrow. Activities offered will be seated and standing exercises, arts and crafts, basic I/T support and shared lunch.
- Dementia Cafes in conjunction St. Anselm's Church and Wilsmere House Care Home for older people suffering from dementia, and their carers. Activities will be provided for clients on a rolling monthly basis and their carers will have an opportunity to meet each other in a relaxing and supportive environment.
- Partnership with HAD and transport organisations such as (SEWA) to provide a day of activity and lunch for those on personal budgets.

The funding will be used to help pay for one part-time Support worker plus an assistant, and will also be used for basic running costs including paid activity specialists. Additional income will be brought in by charging a nominal amount which will cover the cost of the activities/venues.

16 Harrow Mencap
Peer Navigation Project (PNP)

Amount Requested 2013/16: **£220,530.00**

Assessment Score as: **80 %**

Number of Beneficiaries: **254**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£77,631.00**

Amount Requested 2013/14 **£75,000.00**

Balance for 2013/14 **£2,631.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

a) Overall Aims

This project taps in to the 'lived experience' of individuals with learning disabilities and their carers/families, and draws on this experience to enable others with learning disabilities and their carers/families to lead independent and fulfilling lives.

Each year the project aims to train 30 beneficiaries as Peer Navigators. These beneficiaries will be drawn from the following vulnerable groups; people with learning disabilities, who live on their own (may include care leavers); people with learning disabilities living with family; and carers of people with learning disabilities (family or other).

Peer Navigators will provide one-to-one support to beneficiaries in order to help them:

- Navigate their way around and access local health and social care services;
- Access and engage in leisure, social and sport services that reduce isolation and improve health and well-being;
- Access help in areas such as debt and money management, welfare benefits and housing, to support independent living;
- Exercise choice and achieve self-control over their lives.

In order to limit the risk of beneficiaries becoming dependent on their Peer Navigator, support will be limited to a 6-month period.

b) What the funding will be used for

The funding (£75,000 per annum - approximately) will be used to cover the costs of a Peer Navigator Coordinator, recruitment of Peer Navigators, costs of providing training and cover volunteer expenses.

17 The Harrow Women's Centre (HWC)

Supporting Women to Reach Their Potential

Amount Requested 2013/16: **£219,372.00**

Assessment Score as: **80 %**

Number of Beneficiaries: **1850**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£75,000.00**

Amount Requested 2013/14 **£75,000.00**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Brief description of the project or activity: (Extract from Application Form)

The project will provide specialist advice and emotional support services which will respond holistically and flexibly to the individual needs of each woman. Problems to be addressed will be complex cases of domestic and sexual abuse, divorce and relationship breakdown, associated child contact and financial disputes, debt and money problems, benefits and housing, stress and social isolation.

Our project will bring together as many services as possible in one location, which will efficiently and systemically address the multiple needs of our clients. We will offer sustainable solutions; which deal with clients underlying emotional and psychological needs, as well as initial practical presenting problems, through individual counselling, group support, sign posting and advice. For clients coming to the project distressed, and possibly traumatised, to get the most benefit from advice and information, they will be emotionally and psychologically supported by our counselling service, building their capacity to absorb and comprehend advice; to calmly and fully consider options, and carry out the required actions or behavioural change.

The project funding will be used to resource advice and support work on all these levels, funding a part time project coordination role, rent for premises, project running costs, salary for a part time advice worker, who will signpost, give telephone and drop in advice, support for 7 day a week volunteer counselling, support volunteer led support groups offering pre-employment skills training, language club, self esteem and confidence building, and an older women's support group. All these activities delivered together will help women access the help they need, while helping them build self confidence, life skills and resilience. This will help them get maximum benefit from information and advice about education, training, housing options, welfare rights, debt, family matters, volunteering and employment opportunities.

18 Willow Tree Centre, Girlguiding Middlesex North West

Breathing Spaces

Amount Requested 2013/16: **£93,400.00**

Assessment Score as: **80 %**

Number of Beneficiaries: **>20,000**

Partnership/consortia application? **No**

Corporate Priority **United and involved communities: a Council that listens and leads**

Total Project Cost 2013/14 **£45,550.00**

Amount Requested 2013/14 **£31,900.00**

Balance for 2013/14 **£13,650.00**

Core Outcome: **Diversity is celebrated and people feel they get on well together.**

Brief description of the project or activity: (Extract from Application Form)

Breathing spaces will give people access to safe space, adventure and play. Through taking part in activities, people will become more confident, have new experiences, socialise, develop team working and leadership skills and explore the out of doors. Additionally, many of the activities will give the opportunity to meet new people, from a wide variety of cultures, take part in healthy activities and work intergenerationally.

The Willow Tree Centre comprises 15 acres of countryside near Ruislip and has various on-site activities. The project will offer all of these to members of community groups and schools in LB Harrow. The activities are available every day of the week and can be summarised as:

- Instructor led activities:climbing wall, archery, low ropes (see section 11 for details)
- Leader led activities:night line, tunnelling, pioneering, spiders web, assault course
- Safe play activities:football, basketball, table tennis, large games
- Reflective and spiritual activities:willow dome, tranquil garden

We believe that by offering a wide range of activities, people have the opportunity to have many different experiences at the one location, to experiment by trying out activities they may not otherwise try, to be out of doors in the countryside despite being only a few miles from built up areas and most importantly enjoy themselves and have fun while developing new skills with a variety of people.

The project funding will enable us to:

- Maintain the equipment and grounds to health and safety standards
- Train more instructors
- Maintain the reflective spaces
- Purchase replacement equipment as required

19 Harrow Association Of Somali Voluntary Organisations (HASVO)

Harrow Somali Community Advice and employments support

Amount Requested 2013/16: **£77,548.20**

Assessment Score as: **78 %**

Number of Beneficiaries: **600**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£32,859.40**

Amount Requested 2013/14 **£26,549.40**

Balance for 2013/14 **£6,310.00**

Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Brief description of the project or activity: (Extract from Application Form)

The project will provide advice and guidance in areas such as welfare benefits, housing, community care, debt and money management, education, training, volunteering and employment support (opportunities for disadvantaged people by giving clients the opportunity to access for work experience, volunteering and support on interviews, job search CV) to the BME groups of harrow more specifically the Somali community and the Arabic speaking refugees of Harrow.

The project overall aim is to support clients on employment opportunities, improve skills to help them achieve their aims and improve living standards among refugees by:

- Offering an accessible advice and guidance service and improve the take up of services by the target group
- Increase the number of people from the target group involved in learning, training and employment.
- Increase the number of people from the target group involved in volunteering

The funding will be used to cover:

- The staffing cost of the project coordinator
- Part of the volunteers expenses
- Part of the venue cost and the overheads
- 8 workshops (i.e. Employability) and 2 Conference
- Stationery

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Harrow Citizens Advice Bureau

Face 2 face advice for the most vulnerable

Amount Requested 2013/16: **£219,570.62**

Assessment Score as: **78 %**

Number of Beneficiaries: **1,350**

Partnership/consortia application? **Yes**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£75,000.00**

Amount Requested 2013/14 **£75,000.00**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

Each of the partner agencies understands that the most vulnerable people find it most difficult to access and engage with support, advice and information. From April 2013, CAB advice services in the borough will be accessed by means of a telephone triage service and face to face appointments will be limited to those in an emergency situation.

Project partners are concerned to ensure that the most vulnerable clients (physically disabled people and those with mental health issues) are still able to access caring and supportive face to face advice for problems which are worrying them greatly, but would not necessarily class as an immediate emergency. This might be serious indebtedness which has not yet gone to bailiffs or eviction warrant, or a move into the work focussed as opposed to support groups for ESA.

The overall purpose of this project will be to provide swift face to face appointments with an adviser for clients who may be more vulnerable and least able to cope with a telephone triage service. This service will provide practical assistance and casework support for these more vulnerable individuals. Discussions with HAD indicate that their clients' most urgent need will be for debt advice. Mind and Loud and Clear also prioritises debt and benefits assistance for those with mental health issues - in particular support around ESA claims and appeals. It is particularly felt that support at medical assessments will be vital to ensure that clients are listened to and treated fairly and that decisions are right first time. The project includes the cost of a support worker to carry out this function.

This project will also fund a part time supervisor whose role will be to support the project workers and also to provide practical assistance to other organisations looking to develop their quality of advice in house over the coming three years, in case future funding issues mean that the CAB will close altogether.

21 London Tigers
Unity Through Sports Project

Amount Requested 2013/16: **£73,130.00**

Assessment Score as: **78 %**

Number of Beneficiaries: **450**

Partnership/consortia application? **No**

Corporate Priority **United and involved communities: a Council that listens and leads**

Total Project Cost 2013/14 **£30,110.00**

Amount Requested 2013/14 **£25,000.00**

Balance for 2013/14 **£5,110.00**

Core Outcome: **Harrow residents participate in art, sport, leisure and cultural activity.**

Brief description of the project or activity: (Extract from Application Form)

London Tigers would like to use sport as a tool to engage the inactive and isolated groups in some of the most deprived areas in South Harrow and Wealdstone. We would like to run a regular programme of sports engagement activities (cricket, football & multi sports) with quarterly festivals aimed at reducing antisocial behaviour and uniting the diverse community in Harrow. Sport has no barriers and is able to unite people of diverse backgrounds, we want to use this tool to bring together Harrow pupils (50.2%) of whom speak English as a second language.

We want to engage the mums, sisters and aunties by providing opportunities for them to get together and participate in regular sports sessions and empower them to run community activities. We know that strong women in the family have a significant impact on the lives of Children & Young People (CYP), particularly between the ages of 5-14 years old. Our project aims to develop strong role models so that the young people are supported during key stages of their lives such as during the transition between primary to secondary school, post 16 etc. These role models will help empower the community and help bring people from different communities together to tackle local issues.

The project will be delivered by a new 0.6 FTE Sports Outreach & Engagement Worker (SOEW), ideally a local resident of Harrow, who will be supported and equipped with the knowledge of how to successfully engage BAME groups from London Tigers. Our track record of uniting people of diverse background is evident in many of our previous projects, e.g. the NRF funded Church Street Sports Programme between 2004-2009, we would like to roll out this successful model in areas of deprivation in Harrow.

The activities and sessions will be delivered across the Roxeth, Roxbourne and Wealdstone wards targeting 8-19 year old young people and 16+ years old Asian and Muslim Women including activities in and around the Rayners Lane Estate in Roxbourne ward.

22**Voluntary Action Harrow Limited****Harrow Third Sector Leadership Programme**Amount Requested 2013/16: **£73,009.10**Assessment Score as: **78 %**Number of Beneficiaries: **156**Partnership/consortia application? **Yes**Corporate Priority **United and involved communities: a Council that listens and leads**Total Project Cost 2013/14 **£24,955.70**Amount Requested 2013/14 **£24,955.70**Balance for 2013/14 **£0.00**Core Outcome: **A strong and sustainable voluntary and Third Sector able to deliver diverse, efficient and tailored local services.****Brief description of the project or activity: (Extract from Application Form)**

This leadership programme will identify skills & governance gaps on trustee boards in the Third Sector in Harrow & create unique trustee recruitment process for Harrow's Third Sector organisations. The programme will develop new recruits knowledge & understanding of good trusteeship for Third Sector organisations by provide training. New trustee recruits will be checked for legal eligibility & references taken up for suitability. Matched, placed & inducted into local organisations, 18 with a mentor. Recruits development will be supported by bi-monthly mentor meetings & quarterly Harrow Trustee Network (HTN) events & LinkedIn group. The overall aim is to recruit new trustees who can commit time, skills & experience to develop as a leader to strengthening a local Third Sector organisation & create boards that champion good governance. We also aim to diversify trustee boards by identifying need for recruiting from specific age groups, ethnic groups & service users so Third Sector trustee boards better represents the wider community that they serve. By working in partnership we aim to combine our expertise, skills, network reach & physical resources to deliver this new programme. Recruits will receive training on an introduction to the Third Sector, good charity governance, roles & responsibilities of trustees, finance, equalities, trustee board development, leadership & strategy. Training will be in line with Charity Commission's 6 hallmarks of an effective charity & NCVO's Good Governance Code for VC Sector & NOS. Partners will provide key resources including training expertise, resource centre facilities & mentors. Funding will be spent on 14 hr pw development workers post, 1.5 hr pw management fee for supervision, trainer time preparing & delivering a training programme & materials, mentor time, facilities at the Carramea Resource Centre where training & mentor meetings will take place, administrative, marketing & volunteer expenses & running the programme.

23 Harrow Cricket Club

Raising children's participation in sport by improving the organization & standard of cricket coaching in Harrow.

Corporate Priority **United and involved communities: a Council that listens and leads**

Total Project Cost 2013/14 **£13,750.00**

Amount Requested 2013/14 **£6,400.00**

Balance for 2013/14 **£7,350.00**

Core Outcome: **Harrow residents participate in art, sport, leisure and cultural activity.**

Amount Requested 2013/16: **£14,600.00**

Assessment Score as: **76 %**

Number of Beneficiaries: **160**

Partnership/consortia application? **No**

Brief description of the project or activity: (Extract from Application Form)

Our project is aimed at doing two things.

- (1) To provide more opportunities for the children of Harrow to take part in playing cricket and thereby increase participation.
- (2) To improve the standard of these opportunities, by improving the quality of coaching available to them

The biggest obstacle to achieving the above has been the lack of qualified coaches the club can call upon. Our project aims to train more ECB Level 1 & Level 2 coaches at Harrow Cricket Club as well as appointing a head coach of Level 3 standard to run the programme. The ECB training programme is a very robust one and allows clubs to professionally organize sport and deliver the benefits of participation to all children.

Currently we have 8 assistant coaches at the club and no head coach to oversee all the programmes. Of these 8 coaches, we only have one Level 3 coach and one Level 2 coach, with all the others being Level 1. Our project aims to train our Level 1 coaches to Level 2 standard each year for the next 3 years, and additionally to train new Level 1 coaches. Taking our coaching team from 8 people to 16 people.

To design and oversee this programme we will also hire a head coach who is trained up to Level 3 (highest level). We already have a candidate in mind. We can furnish you with his credentials upon request. His job will be to put in a place a range of activities and programmes to enable more young people in the Harrow area to benefit from our excellent facilities.

By doing all of the above, we will be able to double the number of children we have from the current 80, to 160 within three years. By increasing the number of children, by the end of the third year, the programme should be able to cover it's own costs through membership. We are a non-profit organization, so any increase in membership will simple allow us to provide more opportunities for children to play cricket.

24**Harrow Equalities Centre****Harrow - Equal and Diverse**Amount Requested 2013/16: **£219,422.00**Assessment Score as: **76 %**Number of Beneficiaries: **2400**Partnership/consortia application? **No**Corporate Priority **United and involved communities: a Council that listens and leads**Total Project Cost 2013/14 **£76,423.08**Amount Requested 2013/14 **£75,000.00**Balance for 2013/14 **£1,423.08**Core Outcome: **Diversity is celebrated and people feel they get on well together.****Brief description of the project or activity: (Extract from Application Form)**

The aim of the project is to celebrate diversity, promote equal opportunities and a shared sense of belonging for all communities in Harrow. The main purpose of HEC is to promote community cohesion and good relations in Harrow. Activities proposed as part of the project will contribute to and complement Harrow Council's corporate priorities, in particular: 'United and involved communities' and 'Supporting and protecting people most in need'. The key activities are: 1. Provision of training on Equality Act, equality duty and diversity, aimed at raising awareness of the Act, adherence to legislation, accessibility of the services and breaking down barriers. 2. Organising events aimed at celebrating diversity and promoting community cohesion and good relations between people. 3. Supporting community initiatives that encourage positive interaction between people and celebrating points of commonality and diversity in Harrow. 4. As a "critical friend" assisting service providers and Harrow groups in the process of developing and reviewing equality policies, compliance with Equality Duties. 5. Independent review of EqIA of policies and procedures in order to minimise negative impact on service users. 6. Assist Harrow Council in implementing the Harrow Community Cohesion and Integration Charter's pledges. Support victims, raise awareness and challenge hate crime, prejudice, harassment and discriminatory practices. Assist independent review of victim satisfaction forms and encourage hate crime reporting, highlighting under reporting. Contribute to Action Plan of Hate Crime with Harrow Council, Police and other stakeholders. 7. Establish and support the development of equalities groups in collaboration with other stakeholders, to represent the interests of different protected groups. including LGBT, BAME groups in Harrow. 8. Support community engagement and meaningful consultations with key equalities groups and service users in Harrow.

25 Harrow Family Learning Network t/a HOPE (Harrow)

Circles of Support and Learning - Strengthening Harrow Families

Amount Requested 2013/16: **£106,523.00**

Assessment Score as: **76 %**

Number of Beneficiaries: **300 - 500**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£36,410.00**

Amount Requested 2013/14 **£36,410.00**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Brief description of the project or activity: (Extract from Application Form)

This project aims to help Harrow families on the edge of poverty, homelessness & worklessness by delivering a range of programmes that will 'up skill' them with the knowledge & information that will enable them to improve their lives. It also helps to address the related concern of local social care professionals- how to break the 'cycle of dependency' that can endure through generations of families.

The funding will be used to deliver 3 interdependent 'circles' of programmes on the key topics of 'parenting', 'budgeting' and 'healthy meals'. The design of the circles is similar to the Olympic rings image, where circles overlap one another:

Circle A. Two Parenting Support programmes - 'Triple P Teens' (for families with teenagers) and 'Effective Parenting (for families with younger children) They both aim to improve family communication and encourage positive relationships.

Circle B. The 'Money for life' programme - individualized family support for parents in the form of advice and guidance over budgeting issues.

Circle C. The 'Lets Get Cooking' School Food Trust programme gives parents the skills and knowledge to prepare healthy, cheap meals at home and a chance to gain a Food Hygiene certificate. It also teaches how to reduce food waste and save money (supports Circle B).

Examples of how the programmes would work:

Family X could choose to do a programme from each Circle in Year 1 as they need help with meal preparation, parenting and budgeting.

Family Y might first opt for a Circle 'A' parenting programme and the Circle 'B' 'budgeting' programme in Year 1, and access programme 'C' on cookery in Year 2

Family Z might initially choose programme 'B', because debt issues are there most pressing problem, and access 'A' & 'C' programmes in Year 2 &/or 3.

Families will be helped to choose the best programme options and time scale for them.

This is an innovative design that meets individual family needs and normalizes access to parenting support.

26**Alzheimer's Society Harrow and Hillingdon****Dementia Information and Awareness Raising Service**Amount Requested 2013/16: **£149,562.00**Assessment Score as: **74 %**Number of Beneficiaries: **1780**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£51,134.00**Amount Requested 2013/14 **£51,134.00**Balance for 2013/14 **£0.00**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.****Brief description of the project or activity: (Extract from Application Form)**

This project will increase dementia awareness in Harrow and provide residents affected by dementia with accurate & accessible information on dementia and local support services. We aim to increase knowledge of dementia and help people to seek early diagnosis & access support. This can help residents affected by dementia live as they choose, making informed choices about their care and planning for the future, which can help them remain independent for as long as possible.

We will recruit an Information Worker to deliver an information service, answering phone, e-mail & postal enquiries and ensuring local information remains up-to-date. They will also deliver awareness raising activities including talks, information stalls and information surgeries at relevant venues. This programme will also be proactive, approaching groups & organisations including GPs, local businesses & public services, as well as responding to requests.

Our worker will develop a report on dementia awareness in the borough and use this to inform their activities. This report will also establish key Black, Minority & Ethnic (BME) group leaders to contact & work with, to help raise awareness in their communities. Research shows BME groups often have low dementia awareness and, as a result, rates of diagnosis & engagement with services. Some groups also have higher incidences of certain dementias that can be linked to lifestyle & diet.

We will develop these links with BME communities by facilitating the recruitment of volunteers from these groups, specifically those with translation skills. We are keen to develop a volunteer base of committed individuals trained to translate in the context of dementia.

This project can help develop Harrow as a dementia friendly borough. Raising awareness among residents will create a better knowledge of dementia reducing any discrimination or stigma that may exist. This can help people with dementia participate in their community, reducing any sense of isolation.

27 Asperger's Syndrome Access to Provision (A.S.A.P.)

ASC, The Centre

Amount Requested 2013/16: **£132,688.20**

Assessment Score as: **74 %**

Number of Beneficiaries: **50**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£40,855.00**

Amount Requested 2013/14 **£40,855.00**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

Our project is to meet our core aims by the provision of a 'centre' for ASC, both as a concept and as a physical venue which can be rented for sessions or events, from where AS specific services can be delivered to adults with ASC, their parents and carers and interested parties. We aim to provide Social Skills sessions as a basis to all our activities, targetting the social isolation and exclusion which most AS adults experience due to the core deficit of the condition. These sessions are taught by a skilled facilitator plus by using the NAS Socialeyes programme in which our staff and volunteers will be trained.

We provide therapeutic sessions such as yoga, counselling, family therapy, creative writing, drama, film and book club, planned to relieve high anxiety levels; practical sessions such as work skills, relationship workshop, nutrition and cook and share; individual sessions such as advocacy and personal support. We seek to continue and develop these services to respond to prevalent needs, and promote progress and well being.

We aim to continue education and training for adults in independent living skills and in understanding and managing their autism and enabling them to develop self advocacy skills to explain ASC and how it affects them to others, plus providing them with information on 'neuro-typical' social interaction and how it works.

We plan to develop our formal training ability, adding to our informal talks and presentations from professional speakers, for parents and carers, so that we can train others in autism awareness.

The funding is required to rent suitable premises in which to manage the project and deliver the services, providing sessions for several hours on 3 to 4 days a week; to pay professionals to provide service sessions and for management and administrative staff hours, training expenses and project resources, plus to develop individual needs assessments and progress plans for all our clients.

28

Afghan Association Paiwand

Harrow Community Advocacy Service

Amount Requested 2013/16: **£95,373.00**

Assessment Score as: **72 %**

Number of Beneficiaries: **600**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£32,600.00**

Amount Requested 2013/14 **£32,600.00**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Brief description of the project or activity: (Extract from Application Form)

We are requesting ongoing funding for our existing Harrow Community Advocacy Service which provides support to new arrivals in the Borough. This service is currently funded by LB Harrow and it ends on 31/03/13. This expanded service aims to help 600 people over three years to integrate and access support in accessing employment, health, education, welfare benefits, and other areas. We will achieve this aim by making our Community Advocate a full-time rather than the current part-time service.

Clients will be referred from partners such as the Job Centre Plus, Harrow Social Services, Harrow Housing Department, local refugee forums and other sources. Each client will be met beforehand, and the Community Advocate will gain a thorough understanding of their current position and needs. From there they will draw up a plan of actions to be undertaken in agreement with the client. Their work will involve providing information and advocacy around services that can meet people's problems in areas such as accessing employment, health and housing.

Other assistance might include letter writing, accompanying clients to local schools, representation at hearings and tribunals (including welfare benefits tribunals), and form filling. We will focus on assisting clients into employment through assistance with job search, accessing local skills courses, and CV writing for example. The Community Advocate will be OISC level 2 trained and thus able to support complex refugee appeals. They will also be able to link them into Paiwand's other services or other partners such as translation support, basic skills and ESOL.

It will have massive benefits for some of the most disadvantaged people in LB Harrow. In particular it will help them to successfully integrate into the UK and access services, improve their physical and mental health, reduce their poverty, enhance their living conditions and education, decrease their level of isolation, and develop their confidence and self-esteem.

29**Carramea****Community Resource Project**Amount Requested 2013/16: **£72,966.00**Assessment Score as: **72 %**Number of Beneficiaries: **3000 min**Partnership/consortia application? **No**Corporate Priority **United and involved communities: a Council that listens and leads**Total Project Cost 2013/14 **£41,822.00**Amount Requested 2013/14 **£24,972.00**Balance for 2013/14 **£16,850.00**Core Outcome: **A strong and sustainable voluntary and Third Sector able to deliver diverse, efficient and tailored local services.****Brief description of the project or activity: (Extract from Application Form)**

Carramea will be launching a newly refurbished local community resource centre in early 2013 specifically aimed at small and emerging community groups and voluntary sector agencies. The community resource centre will comprise affordable pay-as-you-use office facilities, an IT training suite and meeting rooms, with targeted capacity-building support that is not accessible elsewhere in Harrow, and opportunities for volunteering at three different levels of skillset.

We aim to sustain a community resource that reduces costs for the user groups through sharing of resources and increases their fund-raising ability to enable them to deliver their services in the community more efficiently and effectively.

We will use the funding to ensure the sustainability of this office facilities/capacity building/volunteering provision. The funding will be used to:

1. fund the post of centre manager which is pivotal to the delivery of this project. In the first year this will be full time for six months only from September 2013 to March 2014. In the second and third years it will be part time (0.5) throughout the year. We will be seeking additional external funding to make it a full time post.
2. support the volunteers' programme which is crucial for the daily management of the resource centre 9.30 am to 9.30 pm Monday to Saturday and 9.30 am to 5.30 pm on Sundays by paying for the volunteers' travel expenses and training costs. Travel expenses will be for six months only from September 2012 to March 2014. Thereafter it will be for the full twelve months in the years two and three which we are planning to match with additional external funding. The volunteers programme aims to develop pathways into employment for participants. In addition the scheme will sign post volunteers to user groups for placements.
3. fund the capacity-building aspect of the project which will be delivered by partners or in-house to meet the specific needs of the groups registered at the resource centre.

**30 Srishti Skills
Empowered**

Amount Requested 2013/16: **£73,140.00**

Assessment Score as: **70 %**

Number of Beneficiaries: **28,000**

Partnership/consortia application? **Yes**

Corporate Priority **United and involved communities: a Council that listens and leads**

Total Project Cost 2013/14 **£28,000.00**

Amount Requested 2013/14 **£25,000.00**

Balance for 2013/14 **£3,000.00**

Core Outcome: **Harrow residents participate in art, sport, leisure and cultural activity.**

Brief description of the project or activity: (Extract from Application Form)

Empowered is a project by young people for young people. We will choose from our dance school 60 dance students aged 5-18 to form a vital part of this project by Srishti Skills. They will bring Indian dance and music to the schools in Harrow, from primary up to sixth form. This will be in the form of a solo dance performance by each student accompanied by a musician performing live. Each performance will be followed by a short lecture-demonstration by the student about

- 1) the historical and cultural aspect of the dance and music forms presented to enhance an understanding of art forms from a different culture
- 2) the health / fitness aspect of dance to emphasise the importance of physical activity

We expect this presentation of 30 minutes to be part of an extended morning assembly to the whole school, followed by a participatory workshop for 1-2 hours that would be led by the tutor, available to either people who choose to participate or are selected by the school to participate.

Each child would already have the training required for the performance, but would each receive 4 coaching sessions provided in small groups by a Srishti Skills appointed tutor to develop the lecture-demonstration. This coaching will also include confidence-building training to perform solo and lead the lecture-demonstration alone. We are expecting that each one's parent(s) / guardian(s) would play an important part in this project by supporting their child and being the point of liaison between the school and Srishti Skills.

Wherever possible, the child will make this presentation to their own school. Harrow has 47 primary schools, 10 high schools and 4 special schools and this project aims to reach most of them in each of the three years of this proposed project. For simplicity, we are saying that we aim to have a presence at 60 of the 61 schools listed by Harrow Council.

31 Hillingdon Association of Voluntary Services (Hillingdon CVS)**Experts in Volunteering - Delivering Skills & Capacity Building for Harrow VCOs**Amount Requested 2013/16: **£73,138.40**Assessment Score as: **68 %**Number of Beneficiaries: **239,100**Partnership/consortia application? **No**Corporate Priority **United and involved communities: a Council that listens and leads**Total Project Cost 2013/14 **£24,999.40**Amount Requested 2013/14 **£24,999.40**Balance for 2013/14 **£0.00**Core Outcome: **A strong and sustainable voluntary and Third Sector able to deliver diverse, efficient and tailored local services.****Brief description of the project or activity: (Extract from Application Form)**

'Experts in Volunteering' is designed to give structure to working with Volunteer Managers - setting clear objectives, linking them in to good practice resources and knowledge-sharing, and celebrating success. The programme encourages the achievement of quality standards (e.g. Investing in Volunteers).

The programme has six stages:

- 1.Promote the Volunteer Management Charter: sets out the ten requirements of a quality volunteering programme - promoting this to Volunteer Managers will give them a clear framework to work towards.
- 2.Sign Volunteer Managers up to the Charter: Committing to the Charter's principles enables the Volunteer Manager to display it and show they are working towards the standards - they can also promote their commitment on their website.
- 3.Volunteer Management Healthcheck: The Healthcheck enables Volunteer Managers to review their programmes against the main good practice requirements behind the Charter, and identify where they need to enhance their work.
- 4.Develop the Action Plan: The Healthcheck will identify areas that need to be worked on - the Action Plan helps to prioritise these and provides links to good practice resources that could help the Volunteer Manager to enhance their programme.
- 5.Celebrate success: When the improvements in the Action Plan have been implemented, the Volunteer Manager's work should be recognised and celebrated.
- 6.Promote continued learning & development: Volunteer Managers can be invited to join (or start) action learning sets with their peers, to help further enhance their volunteering programmes.

The funding will provide a development and training worker 2 days per week implementing the programme with local groups: one-to-one work with Volunteer Managers; workshops, learning events and networking opportunities. The worker would connect into existing forums and networks and work with other service providers to integrate this programme into the overall development of Harrow's voluntary and community sector.

32 **Huntington's Disease Association**
Regional Care Advisory Service

Amount Requested 2013/16: **£1,800.00**

Assessment Score as: **68 %**

Number of Beneficiaries: **25 approx**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£42,640.00**

Amount Requested 2013/14 **£1,800.00**

Balance for 2013/14 **£40,840.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

The core activity of the Huntington's Disease Association (HDA) is our network of Regional Care Advisers (RCA's). The service they provide is available 5 days a week, 52 weeks of the year.

The Two Primary purposes of the Regional Care Advisory Service are as follows:

To offer information, support, advice and education to people with Huntington's Disease (HD), their families and carers and those who are risk of the disease.

To work closely with statutory Authorities and Voluntary organizations to ensure a comprehensive, seamless service and to increase awareness through training sessions and literature in order to provide improved quality of care for people with HD.

We have a Regional Care Adviser covering London; including Harrow

33 Kids Can Achieve
Youth volunteering project

Amount Requested 2013/16: **£68,773.00**

Assessment Score as: **68 %**

Number of Beneficiaries: **16**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£24,457.00**

Amount Requested 2013/14 **£24,457.00**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

We are requesting funding towards our Youth volunteering Programme, for Young People (YP) with additional needs. The programme has been developed out of the needs of our YP who attend our weekly youth group and our holiday youth schemes. Many of our members have outgrown the youth group but do not want to leave. We have developed a volunteering project based on the needs of these service users.

Our aim is to enable these YP to gain skills to enable them to have employment opportunities in childcare and beyond. Our young volunteers will help organise and run our weekly youth group sessions and also volunteer with support on KCA's other services such as play scheme and drama projects. As part of this programme they will have support and training sessions to enable them to volunteer successfully.

The programme for each YP will last approximately one year, with the aim of providing these young people with the training, skills, knowledge and expertise to allow them to volunteer at Kids Can Achieve. The young people who are due to start the programme still need a lot of work before it would be appropriate for them to begin volunteering. We have developed a 6 module programme that YP will embark upon to ensure they cover all the necessary topics and to acquire the best possible knowledge and skills set. We will cover a module every 2 months and each individual involved will have review sessions every 2 weeks to ensure they are completing the necessary tasks and to answer any questions or queries they may have. The YP will also work towards gaining the government backed Vinspire volunteering awards.

We are requesting funding for manager to enable this project to happen and support workers to guide and support the YP involved in the scheme. We also need funding for the training courses that the YP will attend such as safeguarding, first aid, food hygiene, self confidence workshops and courses such as anger management and team building.

34 St Luke's Hospice (Harrow and Brent)**The continued expansion and development of St Luke's Hospice at Home service for the residents of Harrow**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£145,752.00**Amount Requested 2013/14 **£75,000.00**Balance for 2013/14 **£70,752.00**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**Amount Requested 2013/16: **£219,425.00**Assessment Score as: **66 %**Number of Beneficiaries: **153**Partnership/consortia application? **No****Brief description of the project or activity: (Extract from Application Form)**

Hospice at Home provides packages of care (day and night) to support patients and families in their own homes, across Harrow. This may include lifting, washing, transferring, toileting, pressure area care, as well as providing support to carers. A by product of the service although inherent within its philosophy is indirect support for family carers.

The service is managed by a Senior Nurse/Clinical Manager who is supported by a Registered Nurse and Administrator. Care packages are delivered by Health Care Assistants with specific training in Specialist Palliative Care and Registered Nurses.

The service can respond quickly, adapting packages of care to meet rapidly changing patient needs. It helps to support the National End of Life Care Strategy by enabling patients choice to die at home, offering respite for informal carers and preventing inappropriate admission to hospital. Its aims are to

prevent inappropriate hospital admissions

facilitate rapid response care at home for patients at the end of their life who express a wish to die at home.

facilitate a rapid discharge from hospital/hospice for patients at the end of life

reduce isolation of patients (and carers)

enable patients to live as independently as possible and give them choices regarding preferred place of care

offer emergency respite to alleviate crisis situations

A pilot project was launched in 2012 to recruit, train and manage volunteers to work within Hospice at Home. Volunteers will provide simple care and social contact to patients and provide an opportunity for the unpaid carer to have time away from the caring role. For patients that live alone volunteers will supplement our staff by providing extra visits with the aim of befriending and supporting patients to remain at home longer avoiding hospital admissions and reducing their isolation. Hospice at Home staff and trained volunteers will also provide respite for carers to have a break without the worry of leaving the patient alone.

35 **Voluntary Action Harrow Limited**
Volunteer Managers Mentoring Programme

Amount Requested 2013/16: **£55,561.40**

Assessment Score as: **66 %**

Number of Beneficiaries: **1386**

Partnership/consortia application? **No**

Corporate Priority **United and involved communities: a Council that listens and leads**

Total Project Cost 2013/14 **£20,772.20**

Amount Requested 2013/14 **£19,888.20**

Balance for 2013/14 **£884.00**

Core Outcome: **A strong and sustainable voluntary and Third Sector able to deliver diverse, efficient and tailored local services.**

Brief description of the project or activity: (Extract from Application Form)

VAH will set up a volunteer management service for small and medium voluntary and community sector groups. The aim of the project is to increase organisations capacity to manage volunteers, identify gaps (both in terms of skills and diversity) in their organisations and for volunteers to have a more positive volunteering experience. This will lead to stronger and more sustainable organisations able to provide services that are diverse, effective and tailored to the local needs.

The service will provide:

- ~ support in identifying 1 or more volunteer managers in each organisation where there isn't a designated role (this may be paid staff or volunteer),
 - ~ advice and support implementing tailored volunteer management infrastructure; a volunteering policy, volunteer expenses policy, induction procedure, volunteer recruitment plan and support the organisation in where to advertise for volunteers other than the Volunteer Centre as well as using specialist websites / organisations that recruit volunteers e.g. Media Trust.
 - ~ support the volunteer managers to utilise volunteers (both the organisations own as well as volunteers training by VAH) to implement some of the above.
 - ~ a volunteer management network for trustees & volunteer managers (paid or volunteer) to share good practice and encourage partnership working,
 - ~ support organisations to apply for funding to pay for service
 - ~ on-going volunteer management mentoring, from the VAH project Co-ordinator, support for up to one year from when they initially became involved in the project. Ongoing support will be provided face to face, phone and email and each organisation. Once the free support has finished there will be a small yearly fee to ensure the project is sustainable and other charities are able to benefit from the free support available.
- The funding will be used to employ a project co-ordinator to provide the activities / supported listed above along with setting up, costing and marketing the paid for service.

36 Harrow Community Transport**Harrow Community Transport**Amount Requested 2013/16: **£73,141.00**Assessment Score as: **62 %**Number of Beneficiaries: **9200**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£277,498.05**Amount Requested 2013/14 **£25,000.00**Balance for 2013/14 **£252,498.05**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.****Brief description of the project or activity: (Extract from Application Form)**

The funding will be used to support the administrative costs of operating and developing Harrow Community Transport (Harrow CT). An administrative post will be implemented enabling development of services: Community Car Scheme, Shopping Service, Outings service, driver training, the expansion of our contracted services and applications for further project and developmental funding. Our aim is to develop a strong, stable and sustainable Community Transport project for Harrow. Through its work in the community the project seeks to combat social isolation and promote independence and community involvement. The project supports other Harrow-based Voluntary community sector (VCS) organisations, groups and individuals with their mobility and transport needs. Harrow CT works to encourage and assist these groups, thus enabling them to meet their goals in providing vital services to communities across the borough of Harrow. The project provides a range of community transport services for residents of Harrow; transport services for individuals: a volunteer led Community Car Scheme, accessible individual transport service and a shopping service. The group transport service utilises a fleet of accessible minibuses available to not-for-profit / voluntary Community Sector (VCS) organisations and groups in the the London Borough of Harrow. Other services include; driver training under the MiDAS (minibus Driver Awareness Scheme) a nationally recognised driver training program administered through our umbrella body; Community Transport Association CTA (UK). The project also provides vehicle brokerage, technical advice and help, to those wishing to purchase a vehicle for their organisation. Harrow CT also carries out contracted services, for NHS, Home to school runs and other not-for-profit contracts. In order to assess the need for services, Harrow CT operates a policy of ongoing service development informed through surveys of its service users.

37 Harrow St. Mary's Cricket Club

To provide the opportunities and facilities for the people of Harrow to play cricket in a welcoming family environment.

Corporate Priority **United and involved communities: a Council that listens and leads**

Total Project Cost 2013/14 **£46,220.00**

Amount Requested 2013/14 **£25,000.00**

Balance for 2013/14 **£21,220.00**

Core Outcome: **Harrow residents participate in art, sport, leisure and cultural activity.**

Amount Requested 2013/16: **£73,140.00**

Assessment Score as: **60 %**

Number of Beneficiaries: **487**

Partnership/consortia application? **No**

Brief description of the project or activity: (Extract from Application Form)

Our project is to provide the grounds and facilities to encourage the people of Harrow to play cricket and to use the sport to develop physically and to foster social relationships with players, other families, the local community and our partners. We want to be the cricket club in Harrow that, when people think, "Where can I go to play cricket and receive a warm welcome" they come to us.

Cricket bridges gaps between sexes, sizes, ethnicity and personality. It is sociable while at the same time providing lots of opportunities to stay, and keep, in shape. It is a great way for young people to learn to work together in a team environment whilst developing important physical and mental skills and at the same time allowing individual achievements to be met. In addition, it is one of the few sports that children (13 years and older) can play competitively with adults. Cricket rewards patience, technique and intelligence; this encourages people of all ages to participate and draws out those typically disaffected who find other sports unable to cater for their needs. Also, despite the popular image of being a summer sport, cricket is a year-round sport and can be played both outdoors and in. It's good for your fitness level, as a game can last for many hours!

However, to enable our sport to take place incurs heavy costs. Not only do we have to maintain the cricket field and the pavilion but we need to maintain both to a suitable standard for safety reasons as well. A large proportion of our costs are running costs eg utility bills, maintenance of our grounds and pavilion, rent, rates etc and hire of indoor training facilities for the winter when it's too wet to train outside. These are ongoing annual costs that we would like help with. A couple of years ago we calculated that just to run just our colts' (youth) section costs us over £22,000 per annum.

38 Kids Can Achieve

The Can Do Crew employment agency for people with learning difficulties

Amount Requested 2013/16: **£60,000.00**

Assessment Score as: **60 %**

Number of Beneficiaries: **15**

Partnership/consortia application? **Yes**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£57,873.99**

Amount Requested 2013/14 **£30,000.00**

Balance for 2013/14 **£27,873.99**

Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Brief description of the project or activity: (Extract from Application Form)

This project is the next phase to our Emerge market stall project, which is a year long project to enable the development of a social enterprise, run by Young Adults, through a concession for the sale of Snacks, Clothing and Nail Decoration at North Harrow Market.

We aim to expand on this by setting up another market stall 2 days a week for 50 weeks of the year in order to help us create and fund an employment agency to help young people with learning difficulties find suitable work placements and employment.

In the long term we hope to open a shop in Harrow providing an extension to the market stall and a place to base our employment agency. The enterprise would be run by and for Young Adults and would offer business development activity around a nail bar, recycled clothes and snack production. The enterprise would also offer support for enterprise development of Young People's products and provide a local employment agency for Young Adults with a learning disability.

This is intended as an integrated service for Young People, aged over 16, who have had experience of ADHD and learning disabilities to work alongside other Young People, and volunteers.

The aim of the project is to give young people with learning difficulties practical skills in the workplace and paid employment.

39 **Victim Support**

Secure-lock fitting

Amount Requested 2013/16: **£116,750.31**

Assessment Score as: **56 %**

Number of Beneficiaries: **960**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£39,999.97**

Amount Requested 2013/14 **£39,999.97**

Balance for 2013/14 **£0.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

Harrow Victim Support specifically supports victims of crime who live within the borough of Harrow. Residential burglary has shown a steady increase in Harrow at 3.2% and is above the London average compared to last year.

Victim Support is seeking funding for secure-lock fitting in Harrow with the aim to help Harrow residents to lead independent and fulfilling lives to feel secure in their home after residential crime. Victim Support receive referrals for victims of crime directly from the Metropolitan Police service and other organisations, Victim Support will contact the victims of acquisitive crime such as burglary / robbery of a bag containing door keys, victims of Hate crime, domestic violence and ASB within 48 hours, offer emotional support in the form of a home visit from a volunteer who can listen to the victim, help read insurance documents and crime prevention materials and with successful funding we will be able to offer a lock fitting service as practical help and to reduce repeat victimisation and increase confidence. This is a service which is tailored to local needs and listens and responds to the community on what will help them recover after crime.

The funding will provide a van and an output worker who will be a qualified carpenter on a fixed term contract (piece work). The funding will also consider the cost of a young person as an administrator to book appointments and complete risk assessments with volunteers; the young person will be recruited on an apprenticeship scheme requested on Evening Standard as we are committed to encouraging the development of young people. The volunteers and the apprentice will also arrange promotion of the project and visit local organisations in Harrow to ensure a referral path from sources other than the police.

At Victim Support we believe victims should not be out of pocket to pay for the cost of crime.

40 **Watford FC Community Sports and Education Trust**

Education and Employability through Football

Amount Requested 2013/16: **£179,295.94**

Assessment Score as: **56 %**

Number of Beneficiaries: **84**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£74,756.76**

Amount Requested 2013/14 **£74,756.94**

Balance for 2013/14 **-£0.18**

Core Outcome: **Harrow residents are helped to overcome poverty, worklessness and homelessness.**

Brief description of the project or activity: (Extract from Application Form)

We intend to use our ability to use the power of football as a learning tool to engage with young people who are disillusioned and disengaged with structured education.

We are looking to employ our experience in education and engaging vulnerable young people to bring a new initiative in to Harrow to assist those young people who are NEET or are at risk of becoming NEET. The project will run at the brand new Cedars Youth and Community Centre, funded by the Department for Education, which offers a non-threatening environment, ideally equipped with both IT and sport facilities, which is appealing to young people. The three month project offers the young people a minimum of 182 Guided Learning Hours over 14 weeks, enabling them to achieve qualifications that will enhance their ability to access further training and education and/or employment. Our intention is to repeat this programme three times per year for the three years of the grant period. All participants will:

- achieve a leadership qualification, to include FA Level 1 Licensed Coach status, which will place them on the first rung towards employment as a coach;
- gain employability skills, with the opportunity to gain accreditation for these;
- complete basic Literacy and Numeracy qualifications, if they do not hold at least a C Grade at GCSE or an equivalent.

We are seeking funding over a three year period to assist with the following:

- Set up costs- to include Awarding Body registration; marketing and recruitment costs; staff training and the purchase of resources.
- Course costs- to include Accreditation and moderation costs and purchase of workbooks
- Staffing costs- to include suitably qualified teachers
- Student costs- to include lunch and travel
- Equipment
- Monitoring and evaluation costs.

41 HARROW BOROUGH FOOTBALL CLUB LIMITED
STRIKING FOR THE COMMUNITY

Amount Requested 2013/16: **£73,125.00**

Assessment Score as: **52 %**

Number of Beneficiaries: **16,000 pa**

Partnership/consortia application? **Yes**

Corporate Priority **United and involved communities: a Council that listens and leads**

Total Project Cost 2013/14 **£34,000.00**

Amount Requested 2013/14 **£25,000.00**

Balance for 2013/14 **£9,000.00**

Core Outcome: **Harrow residents participate in art, sport, leisure and cultural activity.**

Brief description of the project or activity: (Extract from Application Form)

WE HAVE MUCH TO OFFER THE COMMUNITY BUT OUR VERY EXISTENCE IS THREATENED BY THE REMOVAL OF OUR BENEFIT FROM DISCRETIONARY RATE RELIEF. SHOULD WE CEASE TRADING THE COMMUNITY BASED ORGANISATIONS THAT MAKE USE OF OUR FACILITIES WILL FIND THEMSELVES WITHOUT A HOME, AND THIS WILL HAVE A SIGNIFICANT KNOCK-ON EFFECT ON COMMUNITY LIFE IN HARROW AND PARTICULARLY THE WARD OF ROXETH AT THE SOUTH OF THE BOROUGH.

WE HAVE PLANS TO RE-LAUNCH THE CLUB IN THE LOCAL COMMUNITY AND WE HAVE SCOPE TO INCREASE THE USAGE OF OUR FACILITY IN THIS REGARD.

THE PURPOSE OF THE PROJECT QUITE SIMPLY IS TO ENABLE US TO HAVE THE FUNDS WHICH ALONG WITH OUR PARTNERS WILL ENABLE US TO MOVE THE CLUB FORWARD AND BE MORE PRO ACTIVE IN WORKING WITH THE COMMUNITY AND LOCAL GROUPINGS INCLUDING YOUTH FOOTBALL CLUBS. WE ARE QUITE CONVINCED THAT THIS WILL BE TO THE BENEFIT OF THE LONDON BOROUGH OF HARROW AND THAT WE CAN BREATHE LIFE BACK INTO THE LOCAL COMMUNITY. OUR PROJECT WILL PROMOTE COMMUNITY COHESION, EQUALITY AND DIVERSITY, SOCIAL INCLUSION AND SUSTAINABILITY.

42 Friends for Friends

Finding friends for people with a learning disability

Amount Requested 2013/16: **£30,000.00**

Assessment Score as: **50 %**

Number of Beneficiaries: **110**

Partnership/consortia application? **No**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£40,982.00**

Amount Requested 2013/14 **£10,500.00**

Balance for 2013/14 **£30,482.00**

Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

The project is to recruit volunteers, who are trained and CRB checks are made. They are then matched in friendship with people with a learning disability on a one to one or group basis. The matching takes account of the wishes and characters of all parties. All friendships are supported and carefully monitored. Friends share normal mainstream social activities in the community, preferably on a 1:1 basis: these activities might otherwise be hard for persons with a learning disability to access. For example: meals and parties, cinema and theatre, and most other community activities. Volunteers typically introduce friends to their own special interests such as table tennis or dancing. There are sometimes group outings to events and to places of interest or natural beauty.

Volunteers sometimes act as advocates when called upon. Their activities also give regular carers some time to themselves. The friends meet at the monthly One to One Club held in the hall of St John Fisher Church, N. Harrow, (membership 150), where there are various activities including table tennis, air hockey, dancing to a live band. There is a room with quieter activities. There is a refreshment bar and a fully licensed bar. In 2006 the Club was honoured with the prestigious Queen's Golden Jubilee Award for Voluntary Service.

43 Srishti Yuva Culture**Food for Body and Soul**Amount Requested 2013/16: **£219,420.00**Assessment Score as: **48 %**Number of Beneficiaries: **1500 x 3**Partnership/consortia application? **Yes**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£76,600.00**Amount Requested 2013/14 **£75,000.00**Balance for 2013/14 **£1,600.00**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

Food for Body and Soul is a project that will cater for the physical and mental well-being of those confined to care homes and using day centres, with a particular emphasis on older people. We are currently in the midst of a project based in care homes and day centres with older people who have learning disabilities. This has given us the opportunity to become more informed about how the quality of life of those in such settings can be enhanced through what we are skilled in doing, sparking off new ideas on how to help such people lead more independent and fulfilled lives.

This new project is one that will combine fun cooking activities alongside those of dancing and singing. We are teaming up with a cooking expert, Monisha Bharadwaj, who has vast experience of working in a variety of settings through her cookery school including cookery workshops for people with disabilities as well as NHS projects on healthy eating.

Food for Body and Soul will work holistically with those in care homes or day centres, providing opportunities to experience dancing, singing and cooking creatively to enhance their physical and mental well-being. All aspects of the project will promote healthy and independent living and add enjoyment to participants' lives, taking away some of the isolation and helplessness they may be feeling.

In addition to workshops that are participatory we are mindful that older people and those in care should also be enabled to enjoy the arts through being audience members. However, practical constraints often exist in their ability to reach a performance venue, so this project aims to bring performances to them as a clear need has been identified for arts companies to reach out to day centres and care homes.

44**The Harrow Refugee Forum (HaRF)****Local Infrastructure Support and Development (LISD)**Amount Requested 2013/16: **£71,312.25**Assessment Score as: **44 %**Number of Beneficiaries: **3K indirect**Partnership/consortia application? **No**Corporate Priority **United and involved communities: a Council that listens and leads**Total Project Cost 2013/14 **£29,939.89**Amount Requested 2013/14 **£25,000.00**Balance for 2013/14 **£4,939.89**Core Outcome: **A strong and sustainable voluntary and Third Sector able to deliver diverse, efficient and tailored local services.****Brief description of the project or activity: (Extract from Application Form)**

HaRF is aiming to provide support and development to the local infra-structure, and work collaboratively with other local or external similar agencies to avoid waste and duplication and ensure retention of knowledge in the borough, by

- assisting local Refugee Community Organisations (RCOs) and Minority Ethnic Community Organisations (MECOs) with capacity-building programmes in order to enhance the quality of the services they provide to their communities and to increase their abilities and capabilities in accessing resources;
- devising methods of providing training in fundraising strategies to newly-established RCOs and MECOs and provide resources to well established RCOs and MECOs in large-scale projects and also provide training and advice services to RCOs and MECOs in project management, business and strategic planning, monitoring and evaluation, governance and roles and responsibilities of trustees, financial management, budgeting and cash flow projections, volunteering recruitment and management, tendering and commissioning for local and external services, project management, leadership and personnel management, events and festivities management, collaborative work and partnerships making and other training aspects relevant to organisational and personal developments;
- placing a particular emphasis on structural capacity-building by assisting new RCOs and MECOs in setting up Management Committees, formulating policies and procedures, constitutions (or memorandum and articles of association), organisational work plans and registering as charities or companies limited by guarantee or charity interest companies, and by providing consultancy services to Management Committees of established RCOs and MECOs to ensure optimum strategic and operational effectiveness;
- encouraging social enterprises and small businesses set-up for self-sufficiency.

45**Harrow Crossroads (Crossroads Care)****Therapeutic Activities Programme - Marketing Manager**Amount Requested 2013/16: **£125,000.00**Assessment Score as: **42 %**Number of Beneficiaries: **331**Partnership/consortia application? **No**Corporate Priority **Supporting and protecting people who are most in need**Total Project Cost 2013/14 **£79,770.00**Amount Requested 2013/14 **£25,000.00**Balance for 2013/14 **£54,770.00**Core Outcome: **Harrow residents are able to lead independent and fulfilling lives.**

Brief description of the project or activity: (Extract from Application Form)

Crossroads Care needs a Marketing Manager to enable the public to know that this excellent service exists. Therapeutic Activities Programme (TAP) otherwise known as Together has been successfully piloted since November 2010. In order to expand this integrated service to fill the capacity of the Milmans site with Clients in receipt of Personal Budgets and who can pay Crossroads Care from their own means, we have employed a dedicated Service Development Manager. The forecast is that there will be a rapid take-up of the service as transport and food for the clients is now being arranged and we have a waiting list of Clients once this in place. This bid is to request funding to increase the staff and volunteers to meet the expansion of the successful service. This integrated service serves the public and meets the majority of the Council's priorities. The Clients are over 16 years of age and have an illness or disability or are socially isolated. We have created a community service which involves and unites people, by recruiting participants and volunteers from the community, particularly those individuals with a learning disability wishing to gain work experience and young people who would benefit from enhancing their motivation and self-esteem. The volunteers also benefit.

46 Harrow Churches Housing Association
Busy Bees; joining hands with vulnerable disadvantaged and disabled adults in harrow.

Amount Requested 2013/16: **£193,862.00**

Assessment Score as: **38 %**

Number of Beneficiaries: **500**

Partnership/consortia application? **Yes**

Corporate Priority **Supporting and protecting people who are most in need**

Total Project Cost 2013/14 **£74,591.00**

Amount Requested 2013/14 **£74,591.00**

Balance for 2013/14 **£0.00**

Core Outcome: **A strong and sustainable voluntary and Third Sector able to deliver diverse, efficient and tailored local services.**

Brief description of the project or activity: (Extract from Application Form)

Our aims and objectives are to create a service delivery model in Harrow to alleviate inclusion & loneliness for vulnerable elderly people who live in sheltered or extra care housing at weekends & evenings when traditional care hours are less or not existent, with our partners Shaw trust.

This is not intended to replace or substitute any care services already in place but to enable people to control and contribute to family and community life.

Our project base will be at Ewart House 1 Richards Close Harrow (where both partners have established projects in the building) and extend to all Harrow Churches housing schemes (350 people) with implementation at year 3 to other similar schemes in the London Borough of Harrow.

We will do this by providing a services that include support with washing, cleaning, shopping, social events film club, cards board games, music group, talks by local societies, I.T, internet, dancing , which all promotes friendship and encourage participation. Our programme will be user lead and shaped by the participants.

We will use the funding to employ 3 part time coordinators to promote, plan and execute the service and to build a network of volunteers to support the evening and weekend activities.

Both organisations service users; vulnerable young people and disabled adults will be encouraged to join this programme as volunteers as well as the wider community. This will enable both groups to experience new skills and experience to help them to achieve transferable work skills and qualifications .

Both partners bring different skills to the project and different groups which enable strategies for the delivery of choice, opportunities , and the utilisation of innovative technologies to enhance living.

Our proposal is about disabled people and those in later life having the same level of choice, opportunity, control and freedom in their daily lives as any other person. Alongside volunteering opportunities for the wider Harrow community.